QUICK START for TheTRUSTCard[®]

... Get Your "Life Jacket" On ...

- A. Get hold of 12 (1 dozen) TRUSTCards®
- B. Quickly Review HOW TO USE TheTRUSTCard®
- C. Quickly Review WHEN TO USE TheTRUSTCard ${}^{\circ}$
- D. Immediately, Use it Once ... To A Smile ... Then, Try Doing the Following for 7 Days
- E. Place One (1) TRUSTCard[®] in each of the following locations (all around "your life"):
 - 1. Under the Magnet/On Your Refrigerator Door at Home
 - 2. In Your Shirt Pocket or Purse
 - 3. Your Desk or Workstation At Work (or Home)
 - 4. The Nightstand-By-Your-Bed
 - 5. Near Your Vitamins (Medications, Etc.)
 - 6. In your Briefcase (Back pack, etc.)
 - 7. Above the Visor of Your Car
 - 8. In Your Car Glove Compartment
 - 9. On Your TV/Living Room Coffee Table
 - 10. In Your Bathroom (Near the Water Closet)
 - 11. In Your Bathroom (Near the Dressing/Cosmetics Area)
 - 12. In Your Recreation Room/Exercise Area and/or Laundry Room
- F. Use the Card EXACTLY as directed (How To/When To) in Locations 1-12 Above, Whether Stationary [Office/Home Locations] or Mobile (Driving [Visor/Glove box] or Walking [Shirt Pocket/Briefcase/Purse)

G. Make a List of the 10 people <u>You</u> Care About Most in the World ...

- H. Get Each of them 12 (1 dozen) TRUSTCards®
- I. Give them a copy of This Sheet or Direct Them to the QUICK START Button on the Home Page at <u>www.trustcardplanet.com</u> or <u>www.focus-in-seconds.com</u>.

Thank You.

The Research Department, Interperson

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